

# Confirmation Creed Workbook for Confirmands and Sponsors

## Based on the Apostles' Creed

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The purpose of this workbook is to provide a format for casual conversation between sponsors and confirmands. Each worksheet is designed to allow the sharing of faith experiences and seek to build a faith-based relationship between a young person, who is embarking upon the journey of faith, and a member of the congregation who has some experience in a journey of faith.

It is planned that you spend time each week on a new section of the workbook. A new page will be available each week for you to add to your workbook. Please take your time through this process if you choose to meet for additional conversation during the week that is welcome and encouraged!

This is different from Confirmation Creeds of past, this creed is meant to be a combining of Confirmand **AND** Sponsors beliefs. Think of yourselves as pioneers of faith, helping to develop a faith statement that others in your community may identify with. This should include personal experiences, traditions, and reason that comes from your study of scripture together.

Work at your own pace and give serious thought and effort into shaping a creed that you can both own, be proud of and live fully.

My God bless your time together and the conversation that comes from these pages.

# **The Apostle's Creed**

(Ecumenical Version)

I believe in God, the Father Almighty,  
Creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

**Diving into Scripture:**

Gen. 1:1-2

Psalm 18:2

Psalm 27: 1

Matthew 5:43-45

Luke 15:11-24

**A. Read what the Apostle's Creed Says about God.**

*"I believe in God, the Father almighty, creator of heaven and earth."*

**B. Discussion**

1. **"I believe in God" is one of the most basic statements of faith. We believe that God exists and that there is only one God. Even though we believe in the trinity (Father, Son and Holy Spirit), they are not separate gods, but rather one God being made known in different ways.**

Talk to one another about evidence of God's existence, giving examples of different ways God is made known to you. (Examples: nature, prayer, other people, worship)

2. **By calling God "the Father", we are stating that a relationship exists between people and God. God loves and cares about us. As Father (or a loving parent) God has standards for our behavior. God wants us to live a moral and just life**

List some of the attributes of the parent/child relationship that you have witnessed in your relationship with God. How is this relationship with God expressed in your everyday life?

3. **The word "Almighty" means all powerful. God is in charge of the world. People can't control God. We can't force or trick God into doing our will. (Examples: conditional prayers to win a game or pass a test.)**

Discuss ways to pray to God for help. Talk about times when God's power has helped you do difficult things that you thought you couldn't do, but with god you could.

4. **God is the maker of Heaven and Earth. Our world is God's creation. God is not identified with part of creation (the sun or moon), nor can an image (idol) of God be created by human hands because God is spirit.**

Talk to one another about how the idea of God influences you in stewardship of your material possessions, money, god given talents, and time. How can we use these things to serve God's plan for the world?

